

Clinical Reviews 2024

February 21-24, 2024

Wednesday, February 21, 2024

- 7:00 a.m. **Registration and Continental Breakfast**
- 7:45 a.m. **Welcome Announcements and Introductions**
Lesley L. Williams, M.D. and
Nicholas A. Daniels, M.D., M.P.H.
- Session Topic: Neurology**
- 8:00 a.m. **Diagnosis Prevention and Treatment of Headaches**
Rashmi B. Halker Singh, M.D.
- 8:30 a.m. **Evaluation and Management of Initial Recurrent
TIAs in the Primary Care Setting**
Cumara B. O'Carroll, M.D., M.P.H.
- 9:00 a.m. **Evaluating Memory Loss in Primary Care:
What to Test and When to Refer**
Bryan K. Woodruff, M.D.
- Session Topic: Hematology/Oncology**
- 9:30 a.m. **Cancer Screening and Treatment and
Health Care Disparities**
Donald Northfelt, M.D.
- 10:00 a.m. **Refreshment Break and Exhibits**
- 10:30 a.m. **Evaluating the CBC: What to Do and When to Refer**
Donald Northfelt, M.D.
- Session Topic: Dermatology**
- 11:00 a.m. **4 Rashes that Can Kill You in a Week**
David L. Swanson, M.D.
- 11:30 a.m. **Dermatology Clinical Pearls**
David L. Swanson, M.D.
- 12:00 p.m. **Implementing Patient Centered Care**
Brandon Berry, P.A.

Wednesday, February 21, 2024 *(continued)*

- 12:30 p.m. **Lunch and Exhibits**
- Session Topic: GI**
- 1:30 p.m. **Approach Abnormal LFTs and NASH**
Blanca C. Lizaola-Mayo, M.D.
- 2:00 p.m. **Managing Dysphagia in Primary Care**
Tisha Lunsford, M.D.
- Integrated Psychiatry Workshop**
- 2:30 p.m. **Evaluating and Treating Anxiety Disorders
and Depression**
Neeta Jain, M.D.; Ashley Stillwell, D.O. and
Lesley L. Williams, M.D.
- 3:15 p.m. **Refreshment Break and Exhibits**
- 3:30 p.m. **Primary Care Psychiatric Case Review**
Neeta Jain, M.D.; Ashley Stillwell, D.O. and
Lesley L. Williams, M.D.
- 4:15 p.m. **Adjourn**
- 4:15 p.m. **Welcome Reception / Meet the Faculty**

Thursday, February 22, 2024

- 7:00 a.m. **Continental Breakfast and Exhibits**
- 7:50 a.m. **Announcements**
Lesley L. Williams, M.D. and
Nicholas A. Daniels, M.D., M.P.H.
- Session Topic: Cardiology**
- 8:00 a.m. **Clinical Utility of Coronary Calcium Score:
A Guide for Practitioners**
Regis I. Fernandes, M.D.
- 8:30 a.m. **Lipid Disorder Management: How to Integrate
Non-Statin Therapy in Your Practice**
Regis I. Fernandes, M.D.
- Session Topic: Endocrinology**
- 9:00 a.m. **Management of Type 2 Diabetes**
Aditi Kumar, M.B.B.S.
- 10:00 a.m. **Refreshment Break and Exhibits**
- 10:30 a.m. **Osteoporosis Update**
Krupa Doshi, M.D.
- Session Topic: Women’s Health / GYN**
- 11:00 a.m. **Management of Menopause Symptoms**
Talia Sobel, M.D.
- 11:30 a.m. **Evaluating and Managing Women at High Risk
for Breast Cancer**
Jessica L. Fraker, M.D.
- 12:00 p.m. **Cardiovascular Disease Presentations in Women**
Ramona Sharma, M.D.
- 12:30 p.m. **Lunch and Exhibits**

Thursday, February 22, 2024 *(continued)*

Session Topic: Nephrology

- 1:30 p.m. **New Guidelines for T2DM and CKD**
Evamaria Anvari, M.D.
- 2:00 p.m. **Update on Hypertension Management**
Musab S. Hommos, M.B.B.S.
- 3:00 p.m. **Day 2 Adjourn**

Friday, February 23, 2024

- 7:00 a.m. **Continental Breakfast and Exhibits**
- 7:50 a.m. **Announcements**
Lesley L. Williams, M.D. and
Nicholas A. Daniels, M.D., M.P.H.
- Session Topic: Pulmonology**
- 8:00 a.m. **Sleep Issues: Sleep Apnea, RLS and REM Behavior**
Chad M. Ruoff, M.D.
- 8:30 a.m. **Management of Asthma and COPD**
Ashley Garrett, M.D.
- Session Topic: Musculoskeletal**
- 9:00 a.m. **Beyond Steroids: New and Alternative Treatment
Options for OA**
Arthur J. De Luigi, D.O.
- 9:30 a.m. **Evaluation and Treatment of Common Sports Injuries**
Matthew Anastasi, M.D.
- 10:00 a.m. **Refreshment Break and Exhibits**
- Session Topic: Men's Health**
- 10:30 a.m. **Evaluating Hypogonadism and ED in Primary Care**
Nahid Punjani, M.D., M.P.H.
- 11:00 a.m. **BPH Treatment Options and Prostate Cancer Screening**
Scott Cheney, M.D.
- Session Topic: Urology**
- 11:30 a.m. **Updates in Treatment for Male and Female UI**
Christopher Wolter, M.D.
- 12:00 p.m. **Renal Stone Prevention and Management**
Karen Stern, M.D.
- 12:30 p.m. **Lunch and Exhibits**

Friday, February 23, 2024 *(continued)*

Session Topic: Rheumatology

1:30 p.m. **Evaluating Arthritis in Primary Care**
Michael Pham, M.D.

Session Topic: Geriatrics

2:00 p.m. **Evaluating Dizziness in the Geriatric Patient**
Amit Shah, M.D.

2:30 p.m. **Starting the Conversation re: Transitioning to
Palliative or Hospice Care**
Mark Edwin, M.D.

3:00 p.m. **Day 3 Adjourn**

Saturday, February 24, 2024

- 7:00 a.m. **Continental Breakfast and Exhibits**
- 7:50 a.m. **Announcements**
Lesley L. Williams, M.D. and
Nicholas A. Daniels, M.D., M.P.H.
- Session Topic: 2024 Updates**
- 8:00 a.m. **2023 Research Review: What's New in Primary Care**
Andrea Darby-Stewart, M.D.
- 8:30 a.m. **Current Screening Recommendations All Ages**
Andrea Darby-Stewart, M.D.
- 9:00 a.m. **2024 Pharmacology Updates**
Denise M. Dupras, M.D., Ph.D.
- 10:00 a.m. **Refreshment Break and Exhibits**
- Session Topic: Innovation**
- 10:15 a.m. **Leveraging AI in Primary Care: Incorporating
Current Tools into Your Practice**
Darin Williams, Ph.D.
- Session Topic: Weight Management**
- 10:45 a.m. **Managing Weight Concerns in Primary Care**
Lesley Williams, M.D. and Michael Campbell, PharmD
- Session Topic: Pain Management**
- 11:45 a.m. **Interventional Treatment Modalities for Chronic
Abdominal and Pelvic Pain**
Scott Pew, M.D.
- 12:15 p.m. **Approaching Pain in Primary Care:
Managing Opiates and Alternative Options**
Jillian Maloney, M.D.
- 12:45 p.m. **Day 4 Adjourn**